



## Dermal Fillers Post-Treatment Care

- ❖ Leave the treated area alone for 24 hours.
- ❖ If you have any pain or discomfort, take Tylenol (Acetaminophen) as directed on the bottle.
- ❖ Avoid strenuous exercise for the first 24 hours after the procedure.
- ❖ Do not apply make-up to the treatment area for 24 hours. If lip fillers are done and your lips get dry, you can apply a thin layer of Aquaphor or petroleum jelly.
- ❖ You may apply a cold compress to the treatment areas to reduce swelling and bruising.
- ❖ Please note that you may experience some mild pain, swelling, itching, bruising or redness at the site of injection like most other injections. Bruising may last a few days, rarely longer than one week.
- ❖ The results of your treatment may take up to two weeks to take full effect for most dermal fillers. Some dermal fillers can take up to 6 months to see results, depending on the treatment that was received.
- ❖ Most dermal fillers are a temporary procedure. For most people, the benefits of fillers lasts about 6-9 months.
- ❖ We always recommend scheduling a follow-up appointment at check out for two weeks after your treatment to ensure fillers are settling as they should and to take post-treatment photos for your chart. If you decide not to schedule at the time of check out, you can always call us to schedule your follow-up.